W.I.T.S. - National Personal Trainer Certification Course

1. Who will I be certified through?

After successfully passing the course and internship, you will be internationally certified through the World Instructor Training School (W.I.T.S.), a leader in the field.

2. Is there a test given or is this a prep class?

There is a 2-part exam given in the final week of the course. **The testing fee for original test date is included** in the tuition. You will become a Nationally Certified Personal Trainer after successfully passing the written and practical tests and completing the internship and CPR/AED requirements.

3. Is W.I.T.S. an accredited organization?

W.I.T.S. is approved and recognized by many higher learning institutions out of Washington, DC. Some of the organizations include the American Council on Education (ACE,) the International Association of Continuing Education and Training (IACET,), the American Occupational Therapy Association (AOTA,) the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB,) and the Veterans Education and Training Administration (VA.)

4. Is a text book required?

Yes, we require a fantastic resource called the *Fitness Professionals Handbook* 6th Ed. You should order it in advance for \$93.97 from the toll free number 888-330-9487 and get started on reading the required chapters. E-book is available for \$46.

5. When is the CPR/AED card and internship due?

The CPR / AED can be completed anytime before, during or after the certification course. You have 12 months to do so.

6. Is the internship provided?

We send our students a courtesy list of pre-approved facilities to assist with finding an internship location. However, if you prefer an alternate location, approval may be obtained with a simple process. Ultimately, it is the student's responsibility to contact and complete the internship.

7. How long is my certification good for?

Your certification is valid for 2-years with a renewal process that is described on our website. Every reputable certification requires continuing education in their health occupation industry.

8. Is there job placement?

A majority of the students get hired directly from their internship sites and W.I.T.S. provides a list of available sites. We do not directly assist in securing the job, but the demand is high and we regularly receive monthly requests from the clubs for a list of graduates. This networking with local employers is a unique service provided only by W.I.T.S.

9. What if I miss a day of class or the testing date?

In the 6 Week Course you are allowed to miss 1 lecture and 1 lab class only and still qualify to take the exams. In the 9 week course you are allowed to miss 2 lectures and 2 lab classes only and still qualify to take the exams. Students missing 1 class over the allowance will have the following options: complete the online module make-up class for a nominal fee of \$56 or audit a future class if space allows and in accordance with the college policy. If you miss more than allowance, you must make up those classes upon approval from the college. There may be fees at some colleges or practical lab sites. If the student happens to miss the original exam date they can make up exams with a future course at no additional cost within 12 months or pay a \$75 fee to test on a national retest date offered 5 times a year.

10. What happens if I don't pass?

W.I.T.S allows students 2 chances to retest within 12 months of the original course start date. We offer 5-national practical retest dates to help you successfully pass the practical exam and achieve your goals. There is a \$75 fee per exam (additional site fee may apply). If student does not pass within the 12 month period they will need to register and take the entire course again.